



**COMMUNITY  
ASSISTANCE  
NETWORK**

**One Phone Number**  
to **Connect to**  
**150+ organizations**  
*working together to keep  
our neighbors, housed,  
healthy, and thriving.*



**NEED HELP?**  
**CALL (757) 229-2222**

*Talk to an Advocate today and  
receive Resource Navigation  
and Referral Services.*

***Phone lines are open:***

***Monday-Friday  
8:00 am to 4:30 pm***



**UNITED IS THE WAY**

*Every person in our community, whether you have a need or  
something to give, can get connected through United Way.*



**COMMUNITY  
ASSISTANCE  
NETWORK**

**One Phone Number**  
to **Connect to**  
**150+ organizations**  
*working together to keep  
our neighbors, housed,  
healthy, and thriving.*



**NEED HELP?**  
**CALL (757) 229-2222**

*Talk to an Advocate today and  
receive Resource Navigation  
and Referral Services.*

***Phone lines are open:***

***Monday-Friday  
8:00 am to 4:30 pm***



**UNITED IS THE WAY**

*Every person in our community, whether you have a need or  
something to give, can get connected through United Way.*



**COMMUNITY  
ASSISTANCE  
NETWORK**

**(757) 229-2222**



**RENT & UTILITY  
ASSISTANCE**



**CHILDCARE**

**BASIC  
NEEDS**



**CERTIFICATION  
&  
TRAINING**



**TRANSPORTATION  
TO WORK**



**COMMUNITY  
ASSISTANCE  
NETWORK**

**(757) 229-2222**



**RENT & UTILITY  
ASSISTANCE**



**CHILDCARE**

**BASIC  
NEEDS**



**CERTIFICATION  
&  
TRAINING**



**TRANSPORTATION  
TO WORK**

